

Table 1.2

Color	Organ	Nutrient	Number	Flower Remedy
Gold	Adrenal glands	Pantothenic Acid	A	Hornbeam
Silver	Thyroid gland	Iodine	B	Sleep Remedy
Bronze	Pituitary gland	Lactose	C	Gentian
Copper	Gonadal glands	Zinc	D	Cerato
Iron	Hypothalamus	Fiber	E	Impatiens
Clay	Parathyroid gland	Omega 3 EFA	F	Olive
Red	Heart	Vitamin E	One	Rock Rose
Orange	Pancreas	Chromium	Two	Centaurly
Yellow	Lymphatic system	Inositol	Three	Honeysuckle
Green	Liver	Selenium	Four	Holly
Blue	Lungs	Vitamin D	Five	Elm
Purple	Muscles	Magnesium	Six	Scleranthus
Brown	Large intestine	Fiber	Seven	Heather
Black	Kidneys	Water	Eight	Gorse
White	Brain	Niacin	Nine	White Chestnut
Clear	Immune system	Vitamin B1	Ten	Rock Water
Pink	Reproductive system	Zinc	Eleven	Oak
Peach	Skin	Vitamin C	Twelve	Mimulus
Burgundy	Joints	Glucosamine	Thirteen	Vine
Lime	Gallbladder	Choline	Fourteen	Agrimony
Chocolate	Small intestine	Bicarbonate	Fifteen	Gentian
Navy	Hair & Nails	Silica	Sixteen	Clematis
Ivory	Bones	Boron	Seventeen	Birch
Beige	Stomach	Vitamin B12	Eighteen	Aspen
Dark Green	Detox System	Selenium	Nineteen	Vine
Cream	Nervous System	Vitamin B6	Twenty	Rescue Remedy
Crimson	Red Blood Cell	Iron	Twenty-one	Crab Apple
Scarlet	Spleen	Vitamin C	Twenty-two	Vervain
Turquoise	Cell	Potassium	Twenty-three	Sweet Chestnut
Sunshine	Arms & legs	Vitamin D	Twenty-four	Mustard
Coffee	Appendix	Fiber	Twenty-five	Chicory
Violet	Diaphragm	Omega 9 EFA	Twenty-six	Water Violet
Light Blue	Pharynx	Manganese	Twenty-seven	Walnut
Khaki	Nose & sinus	Vitamin C	Twenty-eight	Pine
Fuchsia	Mouth	Vitamin B2	Twenty-nine	Larch
Moss	Sphincters	Vitamin E	Thirty	Oak
Pewter	Bladder	Probiotics	Thirty-one	Wild Rose
Opal	Eggs/sperm	Zinc	Thirty-two	Wild Oat
Steel	Hands & feet	Omega 6 EFA	Thirty-three	Willow
Magenta	Mammary glands	Folate	Thirty-four	Red Chestnut

Marine	Embryo	Potassium	Thirty-five	Beech
Mauve	Bodily fluids	Sodium	Thirty-six	Cherry Plum
Sable	Teeth/gums	Calcium	Thirty-seven	Chestnut Bud
Coral	Animals	Protein	Thirty-eight	Animal Remedy
Sunrise	Eyes	Vitamin A	Thirty-nine	Star of Bethlehem
Sunset	Ears	Magnesium	Forty	Beech